

# Rowan



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### **Tom Rowan**

The Irish Red Cross Society is a non-profit organisation, headquartered in Dublin, Ireland. Part of the world-wide International Federation Red Cross / Red Crescent Societies, it provides services not only to people in Ireland but in many other areas of the world. The Irish Red Cross Society provides effective assistance for all those in need at home and abroad, with 13,000 young and adult volunteers working regularly in their communities and ready to respond to any local, national, or international disaster.

### **Denise Ashe**

LauraLynn is a hospice for children with life-limiting conditions and residential care for children and young adults with disabilities. We employ approximately 140 staff within our teaching, fundraising and care provision departments.



### **Stephen Flood**

Muscular Dystrophy Ireland (MDI) is a voluntary organization which was established in 1972 by a small group of people in the west of Ireland to support families who had a member with muscular dystrophy. Since then it has grown considerably and it now has a membership of over 750 members and a network of support staff throughout Ireland. MDI's primary objective is to provide support for people and their families who are living with muscular dystrophy and allied neuromuscular condition.

### Gail O'Toole

We just want to say a huge thank you to everyone who supported the Family Fun Day in Remembrance of Zak on Saturday. A massive €5,421 was raised for Childhood Cancer Ireland.

We are grateful to everyone who helped us to show our support to children and their families who are currently dealing with a cancer diagnosis and those who, like us, are left with the devastating loss of a loved one.



### Ian Douglas

Féileacáin was formed by a group of bereaved parents to offer support to anyone affected by the death of a baby around the time of birth.

### Tom Rowan

Through the Fane Valley Group's 'Daffodil & Daisy Cancer Charity Fund', Silver Hill Duck will be supporting the invaluable work of 3 cancer charities, Cancer Fund for Children, Marie Curie, and the Irish Cancer Society.

We have signed up a number of our staff to compete in the 'Silver Hill Summit' which involves scaling Slieve Donard on Saturday 1<sup>st</sup> October. Our employees will climb the highest mountain in Northern Ireland (850 metres) in different teams with fun and hardship all expected across the day.



DAFFODIL & DAISY  
FANE VALLEY GROUP CANCER CHARITY FUND



### Morgan Duggan

Galway Hospice Foundation is a voluntary organisation established in 1986 when a group of local doctors and nurses came together with a view to developing hospice services for the people of Galway city and county, as no such services existed there at the time. It is a consultant-led, patient-focused, staff-supported service that provides quality care to patients and supports for the patient's family or carer.



### Tom Rowan

One of the key strategic initiatives of BCI is to support Irish centres of excellence so that we can deliver world-class research, improve patient care and deliver greater long-term development of research infrastructure.

The BCI Research Centre is located within the Royal College of Surgeons in Ireland, Dublin, and has 14 full-time scientists, researchers and postgraduate medical students employed. The

Centre provides a world-class research environment with access to cutting-edge facilities and practices the very best in 'bench-to-bedside' translational research with high impact international publications.

### Jarlath Murray

People in our community are affected by cancer every day, directly or indirectly through a loved one. At Cancer Care West our vision is that no-one should have to go through a cancer experience alone, and everything we do has this vision in mind.



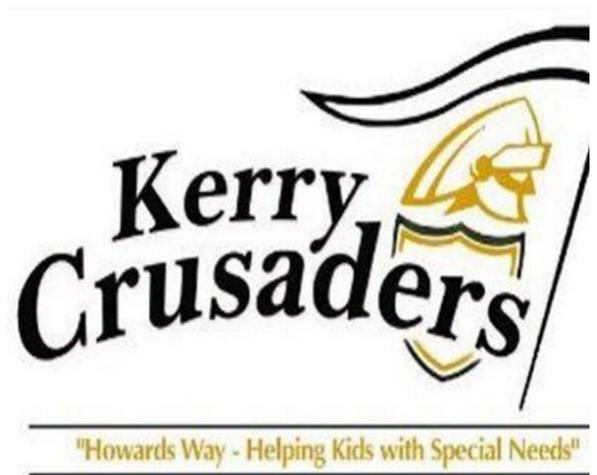
### James Massey

The Sathya Sai Sanctuary Trust for Nature was founded in 1991 primarily to offer a place of peace and refuge for old, injured, unwanted, abandoned, neglected and abused donkeys, who through no fault of their own, no longer fit into a world geared for profit and productivity and which is presently dominated by heavy agricultural machinery. Once an important part of the Irish heritage and farming economy these forgotten animals so often suffer through mankind's greed for money and power and even today are generally valued more for their financial worth than for the spirit within.

## Lorcán O'Flannery

A distant cousin of Lorcán's (Howard Flannery) had a young family in Ennis. One of the kids was diagnosed with Cystic Fibrosis and the couple had to traipse back and forth across the country to Dublin every weekend to take the child for treatment for many months. Many others along the west coast were in the same boat. Exhausted by this rigmarole, Howard kick-started a fundraiser to build medical treatment facilities in Clare. He persuaded all his friends and neighbours to get out for sponsored walks and runs, and they formed the Clare Crusaders. The running club transformed the health and fitness of its members and funded a medical centre which opened in 2007 at a cost of €250k with no state funding.

Tragically, Howard was killed on his bicycle on 03/06/2007 whilst training for a tri-athlon when a motorist fell asleep at the wheel. The family were devastated, and his only brother (Gordon Flannery) who lives in Listowel formed the Kerry Crusaders in 2009. The running club is hugely popular in Kerry and raises funds for a wide range of children with special needs, including medical equipment and educational hardware. Lorcán turns out for the Dublin marathon in the company of dozens of crusaders wearing the bright yellow tops of the Kerry Crusaders and the bright orange tops of the Clare Crusaders. They get fit at least once a year and help kids in need.



**WELLS OF LIFE** |



## Eimear O'Brien

Wells of Life Ireland works in tandem with the U.S.-based organization that has funded and drilled 385 water wells serving approximately 385,000 in remote villages throughout Uganda. At a total cost of €5000 (overhead costs are covered by the organization), 100% of donations fund each well providing clean water to 1000 villagers for up to 25 years.

### Conor Whelan

Our work is to establish and conserve permanent native woodland in Ireland, encouraging land regeneration and biodiversity through afforestation, restoration and education. Our core value is stewardship. Through education and supporting increased awareness and consideration of Ireland's natural environment, we hope to nourish a new way of relating to nature conservation and rehabilitation



### Stephen Flood

Loreto Primary School Dalky

We had recently identified the need for a sensory space in the school. A place where children can go to calm down, take a break or have time away from the busy classroom. These spaces allow the children the sensory input they need to enable them to go back into the classroom and engage in activities again.

Well done to the amazing efforts from the whole community for the amount raised for the Sensory room - Our total now as it stands is €16,000!

### Eileen Martin

MS Ireland is the national organisation providing information, vital services and support to the MS community. We provide a wide range of specialised services and resources on a national, regional and local level.



### Louise McCarthy

We aim to relieve the unnecessary suffering of horses and ponies in need of care and attention in Ireland.

We pledge to provide our animals with sheltered accommodation, and the highest standard of nutritional, medical and emotional care.

We promise to promote the humane care and behaviour towards horses and ponies and all other animals, through information and education in animal welfare and prevention of cruelty and suffering towards animals.

### Michael Treco

The Irish Wildlife Trust is a conservation charity committed to raising awareness of Ireland's rich natural heritage and protecting it for future generations.



### Joe Hennelly

Every hour someone in Ireland suffers from a stroke. Every day, hundreds of Irish people are diagnosed with heart disease.

The lives of these people are often cut tragically short. Many are left disabled. Almost 9,000 people die each year, making heart disease and stroke one of the nation's biggest killers.

It shouldn't be this way and this fact forms our reason for being. We are the nation's heart and stroke charity.

Our mission is to eliminate preventable death and disability from heart disease and stroke and to support and care for those living with these life-changing conditions.



We work to achieve our mission through:

- Caring for and speaking out for people in the community living with stroke and heart conditions and their families
- Innovating and leading in health promotion and prevention to change health behaviours and reduce cardiovascular risk
- Building a nation of lifesavers through CPR training
- Campaigning and advocating for policies that support people to live healthier lives

### Eoin Downey

Pieta first opened its doors in Lucan, County Dublin in 2006. Since then we have seen and helped over 60,000 people in suicidal distress or engaging in self-harm. We now operate 20 locations across Ireland. Pieta now employs over 200 therapists and support staff, and the demand for our service is increasing.





### **Tom Rowan**

We are a small charity with over 2000 members whose main aim is to offer support to those who may have, or know someone with, Transverse Myelitis and its associated conditions such as ADEM, Neuro Myelitis Optica (NMO) and others. We are manned by an entirely unpaid voluntary group of people who mostly have TM themselves.

We provide support via Support Group meetings held around the country, and are happy to answer telephone calls from TM patients, their families and friends. We have also held significantly impressive Conferences with world class speakers who are leaders in their field.

We feel it's very important to make sure that people with the illness are able to meet with and talk to others in the same position since we know that neurological conditions can be extremely isolating.

### **Imelda Coakley**

We take in and rehome dogs from local authority dog pounds all over Ireland, following their statutory five day stay in the pound, if they have not been rehomed or reclaimed - this function is the core of our work in our Rehoming Centre in Dublin; as helping vulnerable dogs is our number one priority.

We also take in dogs from individuals, (providing we have available space to do so), for all sorts of reasons: from changes in accommodation and finances, to relationship breakdowns and family crises.



**Merchants Quay Ireland**  
Homeless & Drugs Services

### **Imelda Coakley**

Merchants Quay Ireland (MQI) is a nonprofit organisation based in Dublin, Ireland that provides services for people who are homeless and those struggling with addiction. It was founded by Tony Geoghegan and Fr. Sean Cassin in 1989. MQI provides services in Dublin, on the East Coast, in the Midlands and in Cavan and Monaghan.

## Denise Ashe

At Back Into Daylight we create a safe and loving forever home for farmed and domestic animals in need. We also rehabilitate injured and sick wild animals and release them back into the wild. We promote a vegan philosophy and encourage people to speak out against the use and abuse of animals in the farming industry. By sharing the stories of our residents with the public, we strive to show people the incredible beauty, serenity and individuality of other animals.



**SAMARITANS**

Galway

## Barry O'Donovan

Forty-five years ago a small group of motivated people came together to consider the feasibility of starting a Samaritan's Branch in Galway. We founded our first Centre in St Brendan's Avenue, Galway. We were able to open our doors with the first 64 Galway volunteers on May 10th, 1976.

Within a short time the volume of demand for our services grew to the point where our modest house in St Brendan's Avenue could accommodate us no longer. This time the business people of Galway came to the rescue by raising enough money for us to move to our present premises in Nun's Island, in 1986. We have been offering valuable support to the people of Ireland and especially Galway ever since.

Last year the Galway Branch of Samaritans received over 35,000 contacts from people who just needed someone to listen to them – these contacts were by phone, in person, by email or by text.

## Tom Rowan

Rowan were delighted to support the relief effort for Ukraine through Mark Foran and John Cunningham from EO, who delivered high nutrition meals to Zytomyr hospital, Khmeinytsky hospital, Lviv hospital and Dnipro Military hospital in Ukraine.

The meals were designed and manufactured by John Cunningham of Complex Nutrition, with generous donations of milk powder from Glanbia Ireland and the support of Entrepreneur's Organisation (EO) Ireland, Nualtra, Corcoran Chemicals Ltd and Gem Pack Foods. Collection and transport was coordinated by the Ukrainian Embassy of Ireland to ensure that this vital foodstuff was delivered to where it was needed most.





### **Tom Rowan**

Every day Tim is remembered by family and friends. Every year on St. Stephen's Day, The Midland Warriors host the Tim Ross Memorial Match where The Warriors play the Exiles! All past and current players are welcome. All money raised goes to St. Vincent de Paul and The Olive Branch for Children.